**2019 Yeartext:**  
 “Do not be afraid, for I am with you.Do not be anxious, for I am your God.I will fortify you, yes, I will help you,I will really hold on to you with my right hand of righteousness.’” **—Isaiah 41:10**

For I, Jehovah your God, am grasping your right hand,The One saying to you, ‘Do not be afraid. I will help you.’ **—Isaiah 41:13**

“6Do not be anxious over anything, but in everything by prayer and supplication along with thanksgiving, let your petitions be made known to God; 7and the peace of God that surpasses all understanding will guard your hearts and your mental powers by means of Christ Jesus.”**—Phillipians 4:6, 7**

**2021 Yeartext:**  
“Your strength will be in keeping calm   
and showing trust.” **—Isaiah 30:15**



**“A true friend shows love at all times and is a brother who is born for times of distress.”̶̶**

**—Proverbs 17:17**

**How are you doing?**